

# Malden First

## Ladies Newsletter

**1 John 4: 18-19** *There is no fear in love; but perfect love casts our fear, because fear involves torment. But he who fears has not been made perfect in love. We love Him because He first loved us!*

*What makes us love God is that He first loved us, and loved us with a tender love, like a father pities his children, whose extreme weakness he knows. (Fenelon)*

There is a force that stands between you and your destiny in Christ -- an adversary that is strong and capable of causing reason, and wisdom to flee as it drives us to have unbelief. Our deadly opponent is fear. It is sent by the enemy to torment your soul and defile your human spirit. It is after your power, love and soundness of mind....Imaginary fears can become real if you believe in them. They can alter your destiny!

But...Ladies, you are **NOT** defenseless in this matter!! God has provided a strong tower, a shelter and defense from your enemy. There is a haven that fear cannot inhabit! There is no greater protection than to live in God's love. 1 John 4:18 tells us that there is no fear in love and that perfect love gets rid of all fear. The love of God drives out fear. This description confirms that fear is a spiritual thing that we must deal with in our spiritual walk with God. The very nature of love opposes the nature of fear. Love lays down its life while fear tries to preserve it! I have learned that true love never fails. Fear and Love both operate in the unseen. Love challenges us to doubt the things we see and believe what we can not. Fear wants us to believe what is seen while doubting the unseen. Fear displaces love, but love casts out all fear. Jesus conquered the greatest fear that any of us will ever face, the fear of death. He was moved with compassion by our weaknesses and understood not only the fear of death but all of our fears. This victory over fear, death and the grave was won when He laid down His life for us as the supreme example of love. Lay down your fleshly life and embrace Him!

I am reminded of the old song, 'O What a Saviour'....that he gave His life's blood for even me. He done that for me and for you to live a life that was free of fear, and to have life everlasting. Truly, we can say **Oh, What a Saviour!!!**

# "Recipe Corner"

## **Mostaccioli Casserole**

- 2 cups uncooked mostaccioli
- 1 lb ground beef
- 2 tablespoons chopped onion
- 1 can (10 3/4 oz) tomato soup, undiluted
- 1 can (8 oz) tomato sauce
- 1/2 teaspoon dried oregano
- 1/2 teaspoon salt
- 1/4 cup shredded Colby cheese

Cook pasta according to package directions, meanwhile, in a large skillet cook beef and onion over medium heat until meat is brown. Drain. Stir in the soup, tomato sauce, oregano and salt. Drain pasta, stir into beef mixture. Transfer to a greased 1 1/2 quart baking dish, top with cheese. Bake uncovered at 350 degrees for 30 to 35 minutes or until heated through. Enjoy!

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## **Taco Pie**

- 1 lb. ground beef
- 1 large onion, chopped
- 1/2 cup salsa
- 2 tablespoons taco seasoning
- 1/4 teaspoon pepper
- 1 cup shredded cheddar cheese
- 2 eggs
- 1 cup milk
- 1/2 cup biscuit baking mix

In a large skillet, cook beef and onion over medium heat until meat is browned. Drain. Stir in the salsa, taco seasoning and pepper. Transfer to a greased 9" pie plate. Sprinkle with cheese. In a large bowl, combine the eggs, milk and biscuit mix just until combined well, pour over cheese. Bake at 400 degrees for 25 to 30 minutes or until a knife inserted near the center comes out clean. Enjoy!!